



Gambling policy

Objective This policy is not intended to prevent or even dissuade members from gambling but does offer support to those who feel they need help with their gambling habits.

- Rule 1.15 'A Player, a Team, a member of a Team Management or a Match Official involved in a Game is strictly prohibited from betting on the outcome of any aspect of the Game concerned. Penalty: A breach shall be penalised in accordance with Rule 7.2(e)'.
- Rule 7.2(e) member - 'A minimum 8 weeks suspension. Debarment and Expulsion from the Association may also be considered. Team/unit - Where suspension is deemed appropriate - a minimum of 8 weeks. A Fine, Disqualification and Expulsion from the Association may also be considered.
- All sponsorship from gambling companies has been banned by the GAA.
- Gambling addiction is defined as 'An urge to gamble continuously despite harmful or negative consequences or a desire to stop'
- Warning Signs of problems gambling
 - Borrowing for gambling
 - Lying about how much time/money is spent gambling
 - Hiding time spent gambling/debts/unpaid debts
 - Spending a lot of time gambling
 - Irritable when not gambling
 - Bragging about winning but not mentioning losses
- It is proposed that club communication channels (Whatsapp, Facebook etc) are not used to discuss gambling matters.

If anybody has any problems with gambling, please contact David Mead (Health and Wellbeing officer) for guidance.